

# Support Groups

Meeting in-person and online across Tennessee



East Tennessee	Support Group Type	Day of Week	Zoom / In-Person	Time	Contact
NAMI Chattanooga	Family*	3 <sup>rd</sup> Tuesday	In Person: Wally's Restaurant 6521 Ringgold Rd. East Ridge, TN 37412	11:30 AM – 1:00 PM	Cheryl Williams (423) 521-2590 namichattanooga@gmail.com
NAMI Chattanooga	Family*	2 <sup>nd</sup> Monday	Zoom	6:00 – 7:30 PM	Laura Pierce (423) 521-2590 namichattanooga@gmail.com
NAMI Johnson City	Combined***	2 <sup>nd</sup> Thursday	In-Person: Harrison Christian Church 2517 Browns Mill Road Johnson City, TN 37604	7:00 – 8:00 PM	Carolyn Hawkins 423-538-4216
NAMI Maryville	Family*	3 <sup>rd</sup> Tuesday	Zoom	6:00 – 7:30 PM	Della Morrow (865) 924-5311 golfergal13@icloud.com
NAMI Oak Ridge	Family*	2 <sup>nd</sup> Tuesday	Zoom	7:00 – 8:30 PM	Kathy Martin (865) 466-1234 jasminekjm@gmail.com



Middle Tennessee	Support Group Type	Day of Week	Zoom / In-Person	Time	Contact
NAMI Clarksville-Montgomery County	Combined***	2 <sup>nd</sup> Tuesday	In Person: Clarksville - Montgomery County Library 305 Pageant Lane	6:30 – 7:45 PM	Bertha Drew 931-216-3590
NAMI Coffee County	Family*	1 <sup>st</sup> Thursday	In-Person: First Presbyterian Church, 1101 Jackson St., Manchester	6:00 – 8:00 PM	Pam or Brenda 931-952-6871 namicoffeecomty@gmail.com
NAMI Cookeville	Combined***	2 <sup>nd</sup> Tuesday	In Person: First United Methodist Church, 165 East Broad St., Cookeville	5:30 – 7:30 PM	Shirley Jennings 931-261-9568
NAMI Davidson County	Peer**	3 <sup>rd</sup> Thursday	Zoom	6:30 – 8:00 PM	Don Loiacano outreach@namidavidson.org 615-588-7117
NAMI Davidson County	Family*	4 <sup>th</sup> Sunday	In-Person: Christ Church Nashville, 15354 Old Hickory Blvd, Nashville, TN 37211 in Hospitality Room	3:00 – 4:30 PM	Don Loiacano outreach@namidavidson.org 615-588-7117
NAMI Davidson County	Peer**	1 <sup>st</sup> , 2 <sup>nd</sup> & 4 <sup>th</sup> Thursday	Zoom	6:30 – 7:30 PM	Don Loiacano outreach@namidavidson.org 615-588-7117
NAMI Davidson County	Combined***	1 <sup>st</sup> & 2 <sup>nd</sup> Wednesday	Zoom	6:30 – 8:00 PM	Don Loiacano outreach@namidavidson.org 615-588-7117
NAMI Dickson County	Peer**	1 <sup>st</sup> Monday	In Person: First Freewill Baptist Church, 1701 Hwy 96 Burns TN	7:00 – 8:30 PM	Clarissa Layton 615-326-9545
NAMI Dickson County	Peer**	3 <sup>rd</sup> Monday	In Person: First Freewill Baptist Church, 1701 Hwy 96 Burns TN	7:00 – 8:30 PM	Clarissa Layton 615-326-9545
NAMI Dickson County	Family*	2 <sup>nd</sup> Monday	In Person: First Freewill Baptist Church, 1701 Hwy 96 Burns TN	7:00 – 8:30 PM	Clarissa Layton 615-326-9545
NAMI Robertson County	Combined***	1 <sup>st</sup> Monday	TriStar NorthCrest Medical Center, 100 NorthCrest Dr. Ground Floor Conference Room, Springfield, TN	6:30 – 8:30 PM	Amy Lawrence 931-980-5019 nami4robertsoncounty@gmail.com



NAMI Robertson County	Combined***	2 <sup>nd</sup> Tuesday	Stokes Brown Public Library Springfield, TN	1 - 2:30 PM	Amy Lawrence 931-980-5019 nami4robertsoncounty@gmail.com
NAMI Robertson County	Combined***	2 <sup>nd</sup> Thursday	Zoom	6:30 – 8:00 PM	Amy Lawrence 931-980-5019 nami4robertsoncounty@gmail.com
NAMI Rutherford County	Combined***	2 <sup>nd</sup> Thursday	In Person: St. Paul's Episcopal Church 116 N. Academy St. Murfreesboro	7:00 – 9:00 PM	Cherokee Thomas blackcreek5717@gmail.com 615-212-5123
NAMI Sumner County	Combined***	3 <sup>rd</sup> Tuesday	In Person: St Joseph of Arimathea Episcopal Church, 103 Country Club Dr. Hendersonville	6:30 - 8:30 PM	Neil Mitchell 615-425-6604
NAMI Sumner County	Combined***	1 <sup>st</sup> Thursday	Zoom	7:00 – 8:30 PM	Neil Mitchell 615-425-6604
NAMI Wilson County	Combined***	1 <sup>st</sup> Thursday	In Person: Victory Baptist Church, 1777 Tate Lane, Mt. Juliet, TN	6:00 - 8:00 PM	Mark Kulhanek 623-256-3304
NAMI Williamson and Maury County	Family*	2 <sup>nd</sup> Thursday	In Person: St. Paul's Episcopal Church Annex 506 Fair St Franklin	7:00 – 8:30 PM	Lisa Domine 615-567-3793
NAMI Williamson and Maury County	Family* (Faith – Based)	3 <sup>rd</sup> Sunday	In Person: Brentwood Baptist Church, Connection Building 777 Concord Rd Brentwood TN	3:00 – 5:00 PM	Bill and Mary Jean Murphy 615-567-3793
NAMI Williamson and Maury County	Family*	1 <sup>st</sup> Tuesday	In-Person: St. Peter's Episcopal Church 311 W. 7th St, Columbia, TN	7:00 - 8:30 PM	Lisa Domine 615-567-3793
NAMI Williamson and Maury County	Peer**	1 <sup>st</sup> Thursday	The Church at Station Hill 8083 Station Hill Dr, Spring Hill	7:00 – 8:30 PM	Lisa Domine 615-567-3793
NAMI Williamson and Maury County	Peer**	1 <sup>st</sup> & 3 <sup>rd</sup> Thursday	The Church at Station Hill 8083 Station Hill Dr, Spring Hill, TN	7:00 - 8:30 PM	Amy Ross 615-567-3793

West Tennessee	Support Group Type	Day of Week	Zoom / In-Person	Time	Contact
NAMI Gibson	Family*	4 <sup>th</sup> Tuesday	In-Person: Milan First United Methodist Church, 2000 Jones Blvd. Milan, TN	6:00 – 7:15 PM	Mary Sims (731) 613-8724 msims@namitn.org
NAMI Gibson	Family*	3 <sup>rd</sup> Tuesday	Zoom	6:00 – 7:30 PM	Mark Walls 731-410-7559 namigibsoncounty@aol.com
NAMI Memphis	Family*	1 <sup>st</sup> & 3 <sup>rd</sup> Tuesday	Zoom	6:45 – 7:45 PM	Veronica Black 901-725-0305 vblack.namimemphis@gmail.com
NAMI Memphis	Peer**	2 <sup>nd</sup> & 4 <sup>th</sup> Thursday	Zoom	6:00 – 7:00 PM	John Tetzeli 901-674-6339 johnpaultetzeli@gmail.com
NAMI Memphis	Peer**	2 <sup>nd</sup> Tuesday	Zoom	7:00 PM	Fulya Sobczak 901-233-4421

Most NAMI TN Affiliates are following the CDC recommendation to use face masks for face to face meetings during this unprecedented time of the Corona Virus. Please call the local Affiliate for specific details or alternate plans.

\* If the group type is Family, it is a support group for family members of persons with a mental health condition. These are open meetings meaning anyone can attend.

\*\* If the group type is Peer, it is for persons with the mental health condition. These meetings are closed meaning that only peers can attend.

\*\*\*If the group type is Combined, family members and persons with a mental health condition both can attend.

There are many Zoom support groups throughout the state. You can attend any that are appropriate for you.