



CIT WORKS FOR

LAW ENFORCEMENT AND FIRST RESPONDERS



Too many people with mental illnesses are in our jails instead of getting proper treatment.



1 in 4

People with mental illnesses have been arrested.



1 in 10

Police calls involves a person with mental illness.



1 in 4

People fatally shot by police has a serious mental illness.



CRISIS INTERVENTION TEAMS...

Are **community-based** programs that bring together first responders, mental health professionals, mental health advocates, people living with mental illness and their families, and other partners to **improve community responses to mental health crises.**

Training is FREE

- CIT provides officers and first responders with **tools and resources for responding more safely** and compassionately to people with serious mental illness in a crisis.
- NAMI TN provides **FREE assistance** to law enforcement, first responders, and communities interested in establishing a CIT program.
- CIT officers and first responders report that they are **more satisfied** with CIT than with other mental health or jail diversion approaches.

CIT Saves Officers and First Responders Time & Makes the Community Safer

- CIT gives officers options other than arrest and jail time when they encounter people with mental illness.
- CIT improves public safety by reducing the amount of time officers and first responders spend dealing with mental disturbance calls. This allows officers and first responders to get back to serving the community more quickly.
- Police officers and first responders are often personally affected by their encounters with individuals in crisis and report insufficient training and frustration in accessing alternative diversion options.
- Adopting CIT improves occupational health outcomes of police officers and first responders by **improving their ability to safely de-escalate situations** without resorting to the unnecessary use of force or other means.

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