

# SUPPORT GROUPS

**[F] Family Support Groups:** For family & friends of individuals with a mental health condition

**[P] Peer:** For individuals with a mental health condition

**[C] Combined:** Family members & Peers

Most NAMI TN Affiliates are following the **CDC recommendation** to cancel face to face meetings during this unprecedented time of the Corona Virus. **Please call the local Affiliate** for specific details or alternate plans. Thank you for your understanding.

**There are many Zoom support groups throughout the state. You can attend any that are appropriate for you.**

<b>EAST TN</b> There are many Zoom support groups throughout the state. You can attend any that are appropriate for you.							
AFFILIATE	SUPPORT GROUP TYPE	DAY OF WEEK	ZOOM/IN-PERSON LOCATION	TIME [EST]	CONTACT PERSON	PHONE	EMAIL
Oak Ridge	Family <b>[F]</b>	2nd Tuesday	Zoom	7:00-8:30PM	Kathy Martin	865-466-1234	jasminekjm@gmail.com
Chattanooga	Family <b>[F]</b>	2nd Monday	Zoom	6:00-7:30PM	Kathy Milam	423-521-2590	kymilam@gmail.com
Maryville	Family <b>[F]</b>	3rd Wednesday	Zoom	6:00-7:00PM	Della Morrow	865-924-5311	golfergal13@icloud.com
Maryville	Peer <b>[P]</b>	3rd Thursday	Zoom	6:00-7:30PM	Brennan Atkinson	865-317-4413	takeparadox@gmail.com
Greene	Family <b>[F]</b>	1st Tuesday	Zoom	7:00-8:00PM	Debbie	423-552-2368	namigreene31@gmail.com
Greene	Peer <b>[P]</b>	1st Monday	Zoom	7:00-8:30PM	Debbie	423-552-2368	namigreene31@gmail.com
<b>MIDDLE TN</b> There are many Zoom support groups throughout the state. You can attend any that are appropriate for you.							
AFFILIATE	SUPPORT GROUP TYPE	DAY OF WEEK	ZOOM/IN-PERSON LOCATION	TIME [CT]	CONTACT PERSON	PHONE	EMAIL
Coffee	Family <b>[F]</b>	1st Thursday	In-Person with Social Distancing <b>First Presbyterian Church</b> 1101 Jackson Street Manchester, TN 37355	6:00-8:00PM	Pam Henson	615-440-4097	
Davidson	Peer <b>[P]</b>	3rd Thursday	Zoom	7:00-8:30PM	Robin Nobling	615-891-4724	info@namidavidson.org
Davidson	Family <b>[F]</b>	4th Sunday	Zoom	3:00-4:40PM	Robin Nobling	615-891-4724	info@namidavidson.org
Davidson	Family <b>[F]</b>	2nd Wednesday	Zoom	6:30-8:00PM	Robin Nobling	615-891-4724	info@namidavidson.org
Davidson	Peer <b>[P]</b>	2nd Wednesday	Zoom	6:30-8:00PM	Robin Nobling	615-891-4724	info@namidavidson.org
Davidson	Family <b>[F]</b>	1st Wednesday	Zoom	6:30-8:00PM	Robin Nobling	615-891-4724	info@namidavidson.org
Davidson	Peer <b>[P]</b>	1st Wednesday	Zoom	6:30-8:00PM	Robin Nobling	615-891-4724	info@namidavidson.org
Davidson	Combined <b>[C]</b>	2nd Wednesday	Zoom or Dial-In	6:00-8:00PM	Robin Nobling	615-891-4724	info@namidavidson.org
Wilson	Combined <b>[C]</b>	1st Thursday	In-Person with Social Distancing <b>Victory Baptist Church</b> 1777 Tate Lane Mt. Juliet, TN 37122	6:00-8:00PM	Mark Kulhanek	623-256-3304	
Sumner	Combined <b>[C]</b>	3rd Tuesday	Zoom	7:00-8:30PM	Neil Mitchell	615-425-6604	
Sumner	Combined <b>[C]</b>	1st Tuesday	Zoom	Call for Times	Neil Mitchell	615-425-6604	

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Dickson	Peer <b>[P]</b>	1st Monday	In-Person with Social Distancing <b>First Free Will Baptist Church</b> 1701 State Hwy 96 Burns TN	7:00-8:30PM	Clarissa Layton	615-326-9545	
Dickson	Family <b>[F]</b>	2nd Monday	In-Person with Social Distancing <b>First Free Will Baptist Church</b> 1701 State Hwy 96 Burns TN	7:00-8:30PM	Clarissa Layton	615-326-9545	
Dickson	Peer <b>[F]</b>	3rd Monday	In-Person with Social Distancing <b>First Free Will Baptist Church</b> 1701 State Hwy 96 Burns TN	7:00-8:30PM	Clarissa Layton	615-326-9545	
Williamson	Combined <b>[C]</b>	1st Thursday	Zoom	7:00-9:00PM	Lisa Domine	931-223-5825	
Williamson	Family <b>[F]</b>	3rd Thursday	Zoom	7:00-9:00PM	Lisa Domine	931-223-5825	

**WEST TN** There are many Zoom support groups throughout the state. You can attend any that are appropriate for you.

AFFILIATE	SUPPORT GROUPTYPE	DAY OF WEEK	ZOOM/IN-PERSON LOCATION	TIME [CT]	CONTACT PERSON	PHONE	EMAIL
Memphis	Family <b>[F]</b>	1st Thursday	Zoom	6:45PM	Veronica Black	901-725-0306	info@nami-memphis.org
Memphis	Family <b>[F]</b>	3rd Thursday	Zoom	6:45PM	Veronica Black	901-725-0306	info@nami-memphis.org
Memphis	Peer <b>[P]</b>	2nd Thursday	Zoom	6:00PM	Veronica Black	901-725-0306	info@nami-memphis.org
Memphis	Peer <b>[P]</b>	2nd Thursday	Zoom	6:00PM	Veronica Black	901-725-0306	info@nami-memphis.org