

2020 NOMINATING COMMITTEE REPORT

The Nominating Committee of the Board, Dick Baxter, Chairman, makes the following recommendations for the 2020-2021 Board.

Slate of Nominees to the Board (All terms 2020-2023):

- President:** Allen Bartels Has served on the Board as At-Large Representative since 2017. Nominated for first term as President
- Treasurer:** Ann Taylor Holley Incumbent, was appointed to fill vacant seat of Treasurer, then elected to first term in 2017. Nominated for second elected term
- VP East:** Jack Stewart Incumbent, elected in 2017 and nominated for second elected term
- Peer Leadership Council Representative:**
Dr. John Tetzeli Incumbent, appointed to fill vacant seat, nominated for first term
- West Rep:** Mary Sims Nominated to first term
- Middle Rep:** Mark Kulhanek Nominated for first term
- East Rep:** Kasthuri Gomathinayagam Incumbent, appointed to fill vacant seat, nominated for first term

Allen Bartels - President

Allen Bartels was born and raised in Nebraska, where he graduated from the Mary Lanning Memorial Hospital School of Nursing, received his BSN from Midland Lutheran College and his MHA from Bellevue University. He has worked in both the State and Private Mental Health and Chemical Dependency Treatment systems as an RN and in Administrative leadership for more than 30 years. Prior to relocating to Nashville, he served as the Vice President of Clinical Services at Mary Lanning Memorial Hospital in Hastings Nebraska, where he worked for close to 24 years. He also served as the Chairperson of the State Advisory Committee for Mental Health for the State of Nebraska from July 2004 to July 2006. Since 2011 he has served as the Chief Operating Officer for the Parthenon Pavilion at Centennial Medical Center in Nashville TN. In addition to overseeing Nashville's largest and oldest inpatient psychiatric facility, he is involved with several different organizations and heads up Centennials efforts regarding the Walk to End Alzheimer's.

Allen has been married for 41 years and has 4 children

Ann Taylor Holley - Treasurer

Ann Taylor Holley currently serves as Portfolio Strategist for Covenant Partners where she actively manages the multi-family office's public and private investment portfolios. Prior to joining Covenant Partners in 2018, Ann Taylor served as an Investment Analyst at SunTrust Bank in the Foundation and Endowment Specialty Practice. Ann Taylor received a Bachelor of Science and a Bachelor of Journalism at the University of Georgia. Ann Taylor has also earned the Chartered Financial Analyst (CFA) designation. She is a member of the CFA Institute and board member of the CFA Society Nashville. Throughout her career, Ann Taylor has remained active in her community, sitting on several nonprofit boards of directors. She currently serves as Vice President of CFA Society Nashville and a board of director of the Young Leaders Council.

Jack Stewart – Vice President East

Before moving to TN, Jack Stewart owned a consulting company and worked as a City Manager in southern California. Jack and his wife Kitty have been members of NAMI since 2004 when they retired and moved to Greeneville, TN. They found NAMI while searching for answers as to how they could best help their adult children with mental illness. Jack previously served on the NAMI TN Board from 2006-2011 as East Regional Representative and Treasurer and was NAMI TN's Executive Director 2011-2012. He is the Affiliate Co-Chair of NAMI Greene County and a Family to Family program leader.

Jack has been a member of the TDMHSAS Planning and Policy Council since 2010. He has served on the TSPN Advisory Council since 2016 as the Council Secretary, Regional Chair and currently as

a member. Jack is a strong advocate for CIT, Co-occurring disorders, suicide prevention and building collaborative partnerships on Mental Health.

Dr. John Tetzeli – Peer Leadership Council Representative

My name is John Paul Tetzeli and I have schizoaffective disorder. I struggle with voices and depression daily; but I am also in recovery. I always overcome, I never lose hope, and I never give up. I am 59 years old and have been living with this condition to one extent or another for over 40 years.

I am a physician and had to retire from my practice because of my illness almost 10 years ago. As a physician and later as president of NAMI Memphis I love helping people in need. Among the highlights of my calendar are the twice monthly meetings of my SOS (Schizophrenia and Schizoaffective Disorder) Support Group. I love to listen to the stories of others and help them on the road to recovery.

As a peer member of the Board, I look forward to reaching out further in helping people living with mental illness by developing partnerships with other Board members. I very much look forward to this role.

Mary Sims – West Regional Representative

Hey Guys! My name is Mary Elizabeth Sims. I was educated in the Public-School system. I am number seven of eight children. The only one of my siblings to receive a Bachelor's and Master's degree. I found NAMI in a frantic search for help with my daughter. She has multiple mental health concerns and is currently living in her wellness. She is an adult and I have, through my association with NAMI, come to terms with this fact. However, I can practice self-care and be available for others who love someone with mental illness.

It is my desire to help wherever I can. I have taught NAMI Basics and NAMI Family to Family. I am currently the Chair of the emerging Gibson County Affiliate. It would be my pleasure to serve on the NAMI TN Board of Directors. I am ready, willing, and able to serve in this capacity.

Mark Kulhanek – Middle Regional Representative

My name is Mark Kulhanek and I have a personal and professional interest in mental health. First and foremost, I have lived with multiple mental health issues for almost 60 years. Every member of my family has had mental health and substance abuse disorders. I have learned to manage my mental health issues by taking medications, utilizing therapy, having a good support network, and growing my faith. I have personally experienced the impact of suicide that has resulted from mental health

issues. My sister committed suicide in May 2014, and I just recently lost an old and dear friend to suicide this last Spring.

Professionally, I hold an M.A. in Counseling, M.S. in Education, and a Post-Graduate Certification in Marriage and Family Therapy.

There are many facets to mental health and substance abuse that need to be addressed, which extend beyond existing resources. I take a holistic approach and look at the full picture of issues and needs for resources and the interaction of these many parts and the stakeholders involved. As a Board member, I will approach current issues impacting mental health both realistically and proactively.

Kasthuri (Kas) Gomathinayagam – East Regional Representative

Kas Gomathinayagam is running for her first full term on the NAMI TN Board. Kas has been a member of NAMI Oak Ridge since 2011 and Chair of the Steering Committee since 2015. She is a Family to Family instructor and participates in local CIT trainings in presenting “The Family Perspective.” In 2018, Kas was awarded NAMI TN’s Fred Sackleh Affiliate Leadership Award for “tireless and self-less leadership.”

Kas brings wealth of education and professional experience with her. She has a M.A. in English Literature and a Masters in Public Health (MPH). Kas has been a school Principal, worked in Environmental Health and Safety and President of a Tech Consulting firm supporting Fortune 500 companies.

In addition to NAMI, Kas volunteers with a variety of non-profits in India and Oak Ridge. Kas is a Certified Yoga Instructor and currently teaches Yoga classes in Oak Ridge at the Sanctuary at First Christian Church and Ridgeview’s Stepping Stones Psychosocial Rehabilitation Program.