

BOARD OF DIRECTORS UPDATE

Since the last member meeting, the Executive Committee reports the following changes and appointments to the Board of Directors.

With full approval of the Board, President Leslie El-Sayad, has appointed Katie Adkisson as At Large Representative for her expertise in public relations and marketing. Katie's appointment will end in conjunction with Leslie's term as president. Katie is eligible to be re-appointed as At Large Representative or for another appropriate Board position under the new President.

Niki Shaheen has assumed the position of West TN Vice President that was left vacant by the death of Ann Cardoso.

Jan Cagle, former East TN Regional Representative, joins the Executive Committee by assuming the role of Secretary. The Executive Committee will appoint a replacement East TN Regional Representative.

June Winston has been appointed by the Executive Committee to fill the previously vacant West TN Regional Representative slot. This position is coming up for election in September 2017. June will run for this position as an incumbent. In accordance with our Bylaws she will be eligible to run for two full terms.

NOMINATING COMMITTEE

The Nominating Committee of the Board makes the following recommendations for the 2017-2018 Board. For the position of:

President: Sylvia Phillips

VP East: Jack Stewart

Treasurer: Ann Taylor Holley (Incumbent, Running for first full term after appointment by the Exec Comm)

East Rep: Bob Benning (Incumbent, Running for a second term)

Middle Rep: Clark Flatt (Incumbent, Running for a second term)

West Rep: June Winston (Incumbent, (Running for first term after appointment by the Exec Comm)

Peer Leadership Council Representative: Nancy Killen
(Formerly known as the National Consumer Council)

2017 NAMI Tennessee Board of Directors Nominee Bios

Sylvia Phillips, President

Activities

National Alliance on Mental Illness (NAMI)

- Chattanooga Affiliate Board Member
- Immediate Past Board President
- East TN Vice President
- TN NAMI State Executive Board
- Crisis Intervention Team Advisory Council Member
- Crisis Intervention Team Training – NAMI presentation
- TN Suicide Prevention Network - Southeast Regional Council Member
- TN Department of Mental Health & Substance Abuse Services Planning & Policy Council
- With Hope in Mind and Beginnings Training Facilitator
- Support Group Facilitator
- Build It Together Diversity Committee Chair
- TN NAMI/AKA Liaison
- NAMI Behavioral Days at the TN Capitol Attendance
- National NAMI Conferences Attendance
- TN NAMI State Conferences Attendance
- Health Fair Participations - NAMI Exhibits

Other Community Organizations

- Alpha Kappa Alpha Sorority, Inc.
- Greater Chattanooga Democratic Women's Club, Current Treasurer
- Organizing for America
- UNCF
- NAACP
- Healthy Transition Committee Member
- Southeast TN Commission on Children and Youth
- Autism Conference Planning Committee Member

Alpha Kappa Alpha Sorority

- Life Member
- Psi Zeta Omega, Newport, TN
- Immediate Past Chapter President
- 2010-2014 South Eastern TN Cluster Coordinator
- Current Chapter Corresponding Secretary and Membership Chair
- Current South Eastern Regional Program Committee Member
- Other offices held include Vice President, Secretary, Graduate Advisor
- Several Standing and Operational Committee's Chair

Personal

- Married to Robert Phillips with two daughters, Sylvia and Jessica
- St James AME Church Member
- Steward
- Usher
- Women's Missionary Society Chair
- Retired Chemical Engineer

Awards, Recognitions, and Citations

- 2012 Basileus (President) of the Year – Small Chapter
- 2012 Crisis Intervention Team Training Certificate of Completion
- 2013 NAMI Smarts for Advocacy Certificate of Completion
- 2013 TN Suicide Prevention Network & University of TN – Certificate of Completion
- 2013 What is the Face of Mental Illness? A Mental Health Awareness Forum Certificate
- 2013 With Hope in Mind Certificate of Achievement - Education and Support Facilitator Training
- 2013 With Hope in Mind Facilitator Certificate – Class Instructor
- 2015 With Hope in Mind Facilitator Certificate – Class Instructor
- 2015 NAMI TN Ray Sinor Advocacy Award

Sylvia hopes that through her works and motivation this will continue to diminish the stigma on mental illnesses and brain disorders.

Jack Stewart, Nominated for Vice President, East

Before moving to TN, Jack Stewart owned a consulting company and worked as a City Manager in southern California. Jack and his wife Kitty have been members of NAMI since 2004 when they retired and moved to Greeneville, TN. They found NAMI while searching for answers as to how they could best help their adult children with mental illness. Jack previously served on the NAMI TN board from 2006-2011 as East Regional Representative and Treasurer and was NAMI TN's Executive Director 2011-2012. He is the president of NAMI Greene County and an active With Hope in Mind teacher.

Jack has been a member of the TDMHSAS Planning and Policy Council since 2010. He is currently the Chair of NE TN region and council Secretary for the Tennessee Suicide Prevention Network. Jack is a strong advocate for CIT, Co-occurring disorders, suicide prevention and building collaborative partnerships on Mental Health.

Ann Taylor Holley, Treasurer

Ann Taylor Holley is a portfolio associate with SunTrust's Institutional Investment Solutions division.

Background and Experience

Ann Taylor joined SunTrust in 2014. As a Portfolio Associate, Ann Taylor is responsible for maintaining portfolios and client relationships for institutional assets. She executes trades, retrieves investment information and key analysis, and generates compliance review, portfolio characteristics and performance presentations. She is a member of the Foundation and Endowment Specialty Practice team.

Ann Taylor is active in the not-for-profit community and serves on the Board of Directors for the Young Leaders Society, Nashville. She also serves on as treasurer of the National Alliance for Mental Illness, Tennessee.

Education

Ann Taylor attended the University of Georgia earning a Bachelor of Science degree in Psychology and also a Bachelor of Journalism degree in Advertising. Ann Taylor is a 2017 Level II Candidate for the CFA Program.

Bob Benning, Nominated for Regional Representative, East

I have held both clinical and administrative positions in public mental health for 40+ years with my last position as CEO of Ridgeview from 1987 until my retirement in 2014. I have also held numerous voluntary leadership positions at the state level during that time on boards, planning bodies and committees. Since retirement enjoying various volunteer activities including serving on two non profit boards

Clark Flatt, Nominated for Regional Representative, Middle

Clark Flatt, President of The Jason Foundation, Inc. (JFI), earned a BS in Business from Tennessee Technological University in Cookeville, Tennessee and a Master of Divinity in Education/Counseling from Vanderbilt University in Nashville, Tennessee. Before JFI, He owned an insurance company and served the United Methodist Church as a part-time minister for small rural churches. He is an Honorary "Life Member" of the American Football Coaches Association. Mr. Flatt also serves as a Board member on NAMI – TN State Board of Directors.

The Jason Foundation, Inc. (JFI) was founded in October of 1997 after the tragic death of Clark's youngest son, Jason – age 16, to the "Silent Epidemic" of youth suicide. Since its founding, JFI has grown to be one of the nation's leading non-profits addressing the national public health problem of youth suicide. JFI's corporate office and their National Network of Affiliate Offices provided by JFI's National Community Partners provides programs for all 50 states. In 2016, the JFI National Network impacted 6.7 million individuals with one or more of our programs/educational services and awareness campaigns. JFI's corporate office is located in Hendersonville, TN. Visit our website to learn more about The Jason Foundation, our Partners and programs: www.jasonfoundation.com

Clark and his wife, Connie Flatt, have two sons; John A. Flatt, M.D., a Pediatric Neurologist who owns and operates Louisiana Child Neurology in Covington, Louisiana and Jason Flatt, deceased at age 16 in 1997.

June Winston, Nominated for Regional Representative, West

June Winston is Executive Director of Lowenstein House, Inc., a psychosocial rehabilitation facility located in Memphis, TN. For over 36 years, Ms. Winston has been a dedicated and committed advocate and provider for consumers of mental health services.

Ms. Winston graduated from Southern Illinois University with a bachelor's degree in Psychology. She worked on her masters in Rehabilitation Counseling at Southern Illinois University's Rehabilitation Institute. Ms. Winston worked in Illinois as a counselor for runaway youth, a job skills trainer for economically disadvantaged youth and a vocational counselor for adults with mental illness. She began work at Lowenstein House in 1984 as the Program Director and was promoted to Executive Director in 1987. In 2015, Ms. Winston's agency was recognized by the Tennessee Association of Mental Health Organizations as a "Program of Excellence".

Ms. Winston has served on several boards and organizations in the community: the Board of Trustees of Memphis Mental Health Institute, the Southwest Tennessee Community College Advisory Board, the State of Tennessee Governor's TennCare Roundtable, Magellan Health Services Advisory Council, President of the Board of Directors of the Disability Law and Advocacy Center, member of the City of Memphis Advisory Council on Disabilities and the Memphis Girl Scouts. She is currently President of the Psychiatric Rehabilitation Services Association – Tennessee Chapter. She recently served as Chair of Tennessee's Region VII Mental Health Planning Council. Earlier this year, Ms. Winston was selected by the TN Commissioner of Mental Health to represent Tennessee on SAMHSA's taskforce on Workforce Development.

Nancy Killen, Peer Leadership Council Representative (Formerly Known as the National Consumer Council)

I've worked at the Veterans Administration for the past 10 years processing claims for veterans. Before this my work history was working at Community Mental Health Facilities in case management and coordinating a day program for those with mental illness.

I graduated from the University of North Alabama with my Bachelor's of Science, majoring in Criminal Justice, Sociology, and Psychology. My Masters is in Criminal Justice. I have 3 grown children that suffer from mental illness. My son has struggled with ADHD since Kindergarten. The medication helps with the attention but not with the social ineptness that often comes with ADHD. My oldest daughter has Borderline Personality Disorder and struggles greatly with personal relationships. I struggle with the appropriate boundaries; to help or not to help. My younger daughter has been diagnosed with Major Depressive Disorder and is non-symptomatic currently. I also am diagnosed with Major Depressive Disorder, severe, recurrent.

I've seen the deepest, most excruciatingly painful hole that exists in the universe and got out a step at a time, mostly due to the 5 different medications I'm on now. I have faced stigma from General Practitioners that told me I just needed some goals, to a college professor that counseled me to not request reasonable accommodations because of the label that would be attached to me. I stave off my depression, mostly, by taking my medication and fight stigma by beginning with my own voice.

Katie Adkisson is an At-Large Representative appointed by the president and not up for election. Her bio is provided so NAMI members can get to know this Board Member better.

Katie Adkisson, Presidential Appointee, At-Large Representative

Katie is a partner at Reed Public Relations, a boutique public relations firm based in Nashville, Tenn. Katie oversees business development and several clients at the firm including some behavioral healthcare based clients like Insight Counseling Centers. Katie has been working with NAMI Tennessee for a year. She first partnered with NAMI in 2016 for Mental Health Awareness Month and assisted with NAMI's campaign this year. She has also secured media coverage in the last year for NAMI during Mental Health Awareness Month and against the recent Senate and House votes to repeal the Affordable Care Act.