

Today's Date: [day you send the press release]
Release Date: [day the press release should start running]
Pull Date: [last day the press release should run]

Submitted by: [contact person]
[NAMI position]
[telephone]
[email]

NAMI [\[local affiliate name\]](#), a support and educational group for families and individuals dealing with severe mental disorders, will meet at [\[time am/pm\]](#) on [\[date\]](#) at the [\[location\]](#). At this month's meeting NAMI will host a unique program, "*In Our Own Voice*," which features people who are in recovery from a severe mental illness. [\[IOOV presenter name\]](#), of [\[city\]](#) and [\[IOOV presenter name\]](#) of [\[city\]](#), who have both undergone training to become "*In Our Own Voice*" presenters will share their personal history with mental illness, show a short DVD, and answer questions from the audience.

In Our Own Voice puts a human face on mental illness and demonstrates that recovery is very possible. All are invited to attend this free presentation to be inspired by these two courageous [\[people\]](#). For further information about "*In Our Own Voice*" or other programs offered by NAMI _____ County call [\[___-___-___\]](#).